

RISCU DE CONVERSIE ÎN COLECISTECTOMIILE LAPAROSCOPICE ADRESATE COLECISTITEI ACUTE CALCULOASE, COMPLICATE CU PERITONITĂ

RISK OF CONVERSION OF OPERATIONAL INTERVENTION IN ACUTE CHOLECYSTITIS, COMPLICATED BY PERITONITIS

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Rezumat

Colecistita acută calculoasă, în chirurgia abdominală de urgență, se clasează pe locul II după apendicita acută. S-a întreprins un studiu științific vizând eficacitatea și prioritățile tacticii active de implicare în tratamentul acestor bolnavi. După părerea noastră colecistectomia laparoscopică precoce este sigură și fezabilă în tratamentul colecistitei acute calculoase. Depistarea precoce și tratamentul colecistitei acute calculoase ar putea scădea numărul de pacienți cu colecistită avansată și, astfel, reduce cantitatea de pacienți convertiți și complicații postoperatorii.

Cuvinte cheie: colecistită acută, peritonită, colecistectomie laparoscopică, conversie.

Summary

Calculous acute cholecystitis, in emergency abdominal surgery, is ranked second after acute appendicitis. A scientific study was undertaken regarding the effectiveness and the priorities of the active involvement tactics in the treatment of these patients. In our opinion, early laparoscopic cholecystectomy is safe and feasible in the treatment of acute cholecystitis. Early detection and treatment of acute cholecystitis may decrease the number of patients with advanced cholecystitis and thus reduce the number of converted patients and postoperative complications.

Key words: acute cholecystitis, peritonitis, LCE, conversion.

Introduction

Acute cholecystitis (AC) ranks second in the incidence of urgent surgical diseases in Ukraine's hospitals. Despite a marked improvement in the results of treatment, the mortality rate, after emergency operations (9.4–37%) for acute cholecystitis, complicated by peritonitis, remains higher than in planned surgery.

Laparoscopic cholecystectomy (LCE) is the standard treatment for acute cholecystitis [1, 2]. LCE has been linked to a lower complication rate and shorter postoperative hospital stay compared to open cholecystectomy (OC) [3, 4]. Performing early cholecystectomy on patients admitted for acute cholecystitis is preferable to postponing the operation to be performed when the acute phase is over, since an early procedure has been recognized to shorten postoperative hospital stay and lower hospital care expenses [5, 6]. Gallbladder disease is among the leading causes for hospital admission for acute abdomen among adults and the most common indication for abdominal surgery in the elderly [7, 8]. In situations when LCE is unsafe, the surgeon might have to convert to an open procedure. The risk of conversion is higher in LCE for acute cholecystitis than it is in an elective procedure [9]. The risk of conversion for patients undergoing LCE for acute cholecystitis has been linked to male gender, age, previous endoscopic retrograde cholangiopancreatography (ERCP), a non-palpable gallbladder, elevated C-reactive protein (CRP) and white bloodcell count (WBCC), gangrenous inflammation and the experience of

the operating surgeon [10–13]. Conservative treatment with antibiotics and delaying the procedure to be performed after the acute phase has shown no change in conversion and complication rates [5, 14]. Patients who have had to undergo conversion have had more complications, which have led to further operations and a longer postoperative hospital stay [10]. Accounting for risk factors, for conversion and complications, is important when planning the procedure and deciding on whom to assign to perform the cholecystectomy. Experienced surgeons have been shown to have a lower complication rate for LCE compared to surgeons in training [11]. Informing the patient about the procedure and the risk of complications is likewise important.

The aim of this study was to identify risk factors associated with conversion in patients with acute calculous cholecystitis. The risk factors for postoperative complications and the most common complications were also to be identified.

Materials and methods

The study was a retrospective analysis of consecutive patients who had undergone emergent cholecystectomy in Odessa Regional Clinical Medical Center, in one of the Odessa National Medical University teaching hospitals, from 2013 till 2017. A total of 308 patients were identified from the operating room database by procedure codes for LCE and OC

and International Classification of Diseases codes for acute cholecystitis. Fifty patients were excluded due to acalculous cholecystitis, and 23 due to missing signs of acute inflammation on the removed gallbladder described by the operating surgeon. Nine excluded patients received cholecystectomy during the treatment of another disease that required hospital care and three patients were excluded due to gallbladder malignancy. Twenty-four patients received OC and were excluded. The remaining 199 patients with acute calculous cholecystitis were included into analysis. Acute calculous cholecystitis was defined as stones visible on preoperative imaging or during gallbladder removal and signs of acute cholecystitis described by the surgeon during the operation. The preoperative diagnosis of acute cholecystitis had been reached by clinical assessment (tenderness in right upper quadrant, Murphy's sign, fever), laboratory findings (elevated CRP and WBCC) and radiological signs of acute cholecystitis on imaging (thickened gallbladder wall, stones, enlarged gallbladder, edema, abscess). More than 70 variables concerning personal data, clinical, laboratory, radiographic and intraoperative findings, the procedure and possible complications were collected directly or manually from the patient records. Complications were rated according to the Clavien-Dindo classification and the comprehensive complication index was calculated [15]. It was also specified what the complications were and how they were treated. Continuous variables used for multivariate analysis (CRP, WBCC, age, duration of surgery) were made categorical using cut off values determined from receiver operating characteristic (ROC). Optimal cut off values were defined as the values showing the highest sum of sensitivity and specificity on the ROC curves. Variables with a P value of <0.05 were considered statistically significant and were considered for inclusion in the multivariate analysis. A stepwise forward conditional approach of binary logistic regression was used to identify both risk factors for conversion and complications at a 0.05 significance level.

Results

LCE was initiated in 199 patients of which 45 (22.5%) were converted. Ultrasound (n=161, 80.7%) was the main choice of imaging in patients with clinical suspicion of acute cholecystitis. Computer tomography (n=68, 34.0%) was mainly used in patients who were presented with severe or diffuse symptoms, and magnetic resonance imaging (n=50, 24.9%) was mainly used in patients with suspicion of bile duct stones in addition to cholecystitis. There were signs of acute calculous cholecystitis on imaging in 168 patients (84.2%) and of acute cholecystitis without radiologically visible stones in 25 patients (12.3%). Gallstones without signs of inflammation were visible in 6 patients (3.2%), and one patient did not undergo any preoperative imaging since the patient was in line for an elective cholecystectomy due to symptomatic gallstones and there was a strong suspicion of acute cholecystitis based on clinical and laboratory findings. On histopathological examination acute cholecystitis was found in 97 (48.5%), gangrenous cholecystitis in 52 (26.3%), acute on chronic cholecystitis in 26 (12.9%) and chronic cholecystitis in 25 (12.3%) patients.

Univariate analysis was performed in order to identify risk factors for conversion. A multivariate analysis was conducted separately for preoperative risk factors only and for all risk factors for conversion, and the results are presented in Table 1. The most common reasons for conversion were severe

inflammation reported in 111 patients (56.0%) and difficulty with identification of anatomy in 40 patients (20.2%).

Table 1

Independent risk factors for conversion based on stepwise forward logistic regression

Risk factor	OR (95% CI)	P
Analysis of preoperative risk factors only		
CRP over 150 mg/ml	3.0 (1.8–5.0)	<0.001
Diabetes	1.8 (1.0–3.3)	0.045
Analysis including both preoperative and intraoperative risk factors		
Abscess	9.2 (2.7–31.1)	<0.001
Age over 65 years	1.9 (1.1–3.3)	0.023
Gangrene of the gallbladder	5.9 (3.4–10.2)	<0.001

Complications

Risk factors for complications, identified by multivariate analysis, are presented in Table 2. Thirty five (18.0%) patients experienced an overall of 43 complications. The complication rates were 14.5 and 29.8% for LCE and conversion respectively ($p<0.001$). The median comprehensive complication index for all patients with complications was 22.6 with an interquartile range of 20.9–26.2 and a range of 8.7–100. 11 (5.4%) patients experienced complications that required surgical, endoscopic or radiological intervention. 2 patients (0.8%) experienced a life threatening complication (grade IV) and three (1.3%) deaths (grade V) occurred. Of the total number of 43 complications, the most common complications were pneumonia, which occurred in 8 patients (3.8%), a superficial surgical site infection (SSI) in four patients (1.9%) and a retained common bile duct stone in three patients (1.3%). A bile leak occurred in two patients (1.1%). Two of the bile leaks were from the cystic duct, one from the main bile duct and one was undefined. None of the bile leaks occurred in patients who had undergone LCE. The patients who died had a mean age of 81 years (range 70–92) and they all had at least two comorbidities of which one was a cardiovascular comorbidity. The American Society of Anesthesiologists (ASA) classification was IV for four patients and III for one patient. Of the three deaths in the LCE group one was from the worsening of heart failure, another from the worsening of renal failure and the third from sepsis. The two deaths among converted patients were caused by postoperative pneumonia and failure of intubation during the induction of anaesthesia, leading to an anoxic brain injury.

LCE has become a standard procedure for treatment of acute destructive cholecystitis complicated by peritonitis. The main problems are related to safety and feasibility, which is reflected in the risk of becoming an open cholecystectomy, as well as in the risk of postoperative complications, especially damage to the bile ducts. Our study focused on conversion risk factors and postoperative complications in this category of patients.

Conversion

Age over 65 years, diabetes and CRP over 150 mg/l were identified as independent preoperative risk factors for conversion. Complications of severe inflammation like gangrene of the gallbladder and an abscess identified by the surgeon were also recognized as risk factors in the multivariate analysis including both preoperative and intraoperative findings. Diabetes and CRP over 150 mg/l were however not of significant

value in this analysis, which might speak for a correlation between diabetes and the development of gangrene and an abscess leading to high CRP levels. Studies have indeed found that diabetes increases the risk of development of gangrenous cholecystitis and that gangrene increases the risk of conversion [13, 16, 17]. Gangrene and an abscess might however be hard to recognize prior to the operation and therefore CRP levels and history of diabetes might be of better use when estimating the difficulty of the planned procedure. High age, diabetes and CRP have been recognized as risk factors for conversion by other studies as well [10, 12, 13, 18]. Age as a risk factor has been speculated to be related to a longer history of gallbladder disease, masked symptoms and patient delay [12, 18]. History of previous abdominal surgeries and male gender have also been linked to conversion [18]. Seventeen (8.3%) patients were converted due to adhesions from previous surgeries, but history of previous abdominal surgeries was not recognized as a risk factor in this study and neither was male gender. The presence of an assistant was associated with conversion in the univariate analysis, which is probably a result of assistants being called to particularly challenging surgeries. Hence we did not consider the presence of an assistant as a risk factor for conversion. Early cholecystectomy is recommended over conservative treatment followed by delayed cholecystectomy [14, 19]. The optimal time point for cholecystectomy resulting in the lowest conversion and complication rates is still under debate [2]. Some have found that surgery within 48 h from admission lowers the complication rate, whilst others have concluded that cholecystectomy within 5 days of admission yields as good as results in conversion and complications as surgery performed as soon as scheduling allows [20, 21]. Also, a recent randomized trial found that early LCE results in lower morbidity and hospital stay compared to delayed cholecystectomy, even in acute cholecystitis with symptoms over 72 h prior to admission [22]. No correlation between the time of admission to surgery or the total duration of symptoms and conversion or complications was however documented in this study. This might have been caused by a selection bias resulting from patients with a clinically more severe condition being operated on earlier. Also the initial onset of symptoms might have been hard to notice by elderly patients with several comorbidities. After diagnosis of cholecystitis antibiotics were initiated, which might have slowed down the progression of cholecystitis. Prehospital delay of less than 24 h from symptoms onset was associated with the lowest conversion rate, which might tell us that cholecystitis without any treatment is of higher significance than the in-hospital delay. It is also possible that the inflammation progresses individually and that time does not seemingly have a great impact on the development of the inflammatory process.

Table 2
Independent risk factors for complications based on stepwise forward logistic regression

Risk factor	OR (95% CI)	P
Age over 65 years	2.1 (1.2–3.6)	0.012
Male gender	2.1 (1.2–3.7)	0.013
Impaired renal function	4.8 (1.4–17.0)	0.015
Conversion	2.3 (1.3–4.1)	0.006

Complications

Age over 65 years, male gender, impaired renal function and surgery finished as open cholecystectomy were identified as independent risk factors for complications. The overall complication rate of 18.0% falls within complication rates of 9–20% reported by other studies [12, 13]. The complication rate after conversion was significantly higher than after LCE. Since higher age, diabetes and advanced infection were associated with conversion, it is possible that these factors also contribute to increased postoperative complications. Furthermore, wound complications like wound infections and ruptures were more common after conversion to open surgery. Age, male gender and gangrene have been recognized as risk factors for complications by other studies on acute cholecystitis [12, 13, 17]. Studies with patients operated on both electively and emergently have also recognized age, male gender and conversion as risk factors for complications [23, 24]. The overall bile duct injury (BDI) rate in this study was 1.1%, with a rate of 4.8% for cholecystectomies finished as open surgeries. However, most bile duct injuries were Strasberg classification type A, and all injuries were managed endoscopically [25]. None of the BDIs in this study occurred in patients who received LCE, which reflects on the safety of LCE, but might also be a result from difficult procedures being converted before BDIs could occur. This is supported by the rather high conversion rate in our study. Other studies have reported BDI rates of 0.62–0.9% for LCE and 0.38–1.24% for OC [26–28]. These studies were however not homogenous for acute cholecystitis, for which the risk of BDI has been reported as twice as high compared with patients who undergo cholecystectomy electively [29]. It was predicted that the BDI rates after LCE would become lower as the procedure became more common, but according to some studies this prediction has not yet been fulfilled [30]. There are also results on the opposite trend – BDI injuries having become more common after OC – which raises concern on surgeons in training not learning appropriate technique for OC in the laparoscopic era [27]. Patients chosen for conversion or direct OC are, however, often suffering of a more severe inflammation, that makes the tissues more prone to rupture and hence patients who have their surgery finished as an open procedure might be at risk for BDI due to inflamed, rupture-prone tissues rather than inadequate surgical technique. Some studies comparing the results on surgeons in training versus specialists performing cholecystectomy have concluded that the overall complication rate is higher for surgeons in training [11]. Our study did not show such a correlation, but this might be due to a bias resulting from clinically more severe cases being assigned to specialists. Prospective randomized trials are naturally unethical to perform since patients should always be offered the best care available.

Mortality (1.3%) in the present study was somewhat higher than mortality rates of 0.7–1.1% reported by other studies [12, 31]. The patients who suffered a mortal complication in this study had several comorbidities and were clinically considered high risk surgical patients. Treatment options for severe acute cholecystitis, apart from cholecystectomy, consist of antibiotics and interval cholecystectomy or the use of percutaneous transhepatic cholecystostomy (PTHC), possibly followed by cholecystectomy. Currently there are no results on the impact of interval cholecystectomy or PTHC for subgroups of high risk surgical patients. To determine the best treatment in such patients a randomized controlled trial has been initiated in

the Netherlands, where the use of LCE and PTHC in high risk patients are to be compared [32].

Like all retrospective review studies this study has its limits. Data concerning body mass index, which might have been associated with conversion, was missing from many patients and was not included in the study. Data on symptoms duration was also missing from many patients and hence it was not included in the multivariate analysis. The study is also limited by its sample size. Different risk factors might correlate with different complications and the severity of complications, but such a correlation cannot be evaluated with a limited sample size.

Conclusions

Early LCE is safe and feasible in the treatment of acute calculous cholecystitis. The risk of postoperative complications

is increased by risk factors like male gender, high age, gangrene of the gall bladder or abscess of the abdominal cavity and impaired renal function and conversion to open surgery. Of these factors the only one that can be influenced is conversion. Manifestations of advanced cholecystitis like high CRP, gangrene of the gallbladder or abscess formation, increase the risk of conversion to open cholecystectomy. Early detection and treatment of acute calculous cholecystitis might lower the number of patients with advanced cholecystitis and thus reduce the amount of converted patients and postoperative complications. When LCE cannot be performed safely conversion should be initiated to minimize the risk of bile duct injuries. Also, enough attention should be paid to surgeons in training learning appropriate technique for performing open cholecystectomy.

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